

## LYNCHBURG ROAD RUNNERS MEMBERSHIP APPLICATION

### Type of Membership and Annual Dues (Circle all appropriate choices)

New Member                      Renewal                      Address Change  
Individual (\$15)                  Family (\$20)                  Full Time Student (\$10)

### Membership Benefits

- Automatic membership in Road Runners Club of America
- Newsletter and Web Site providing club activities, race information and informative articles.
- Member discounts at local merchants and some races.
- Children's Races.

Application (If this is a renewal, only name and any changes are necessary)

Name _____ Sex _____ Birth Date _____
Address _____ City _____ State _____ Zip _____
Other Family Members (Name, Sex, Birthday) _____
_____
Phone _____ e-mail _____

Mail application, fees (make check payable to: Lynchburg Road Runners), and self addressed envelope to:  
Lynchburg Road Runners  
P.O. Box 11223  
Lynchburg, VA 24506-1223

### RRCA CLUB APPLICATION WAIVER (ALL MEMBERS MUST SIGN THE BELOW WAIVER)

I know that running and volunteering to work club races are potentially hazardous activities. I should not enter and run in club activities unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running and volunteering to work in club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat and/or humidity, the conditions on the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your acceptance of my application for membership, I, for myself and anyone entitled to act on my behalf, waive and release the Road Runners Club of America, the Lynchburg Road Runners and all sponsors, their representatives and successors from all claims of liabilities of any kind arising out of my participation in these club activities even though the liability may arise out of the negligence or carelessness on the part of the persons named on this waiver.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature (if under 18 years old): \_\_\_\_\_ Date: \_\_\_\_\_